

# Coping with Debt

In partnership with Citizens Advice Bureau

This course has been designed to support people with identified mental health needs to understand the principles of borrowing, ways of avoiding debt, how to negotiate debts and how to access support.



# MONEY MATTERS project



Four weeks from  
Thursday 26th February to  
Thursday 19th March 2009  
11:00am to 12:30pm  
at Stepping Stones,  
38 Masons Hill,  
Bromley, BR2 9JG

For more information or to book a place  
contact Sarah Emptage,  
Independent Living Skills Worker, on

**01689 603577**

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people  
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For better  
mental health