

Have you recently wondered where to go for the right help because you suffer from mental health difficulties?



▶ **Why not let BAP help you find the right place**


Contact us for advocacy and information on a whole load of issues ranging from:

- Abuse to anxiety
- Debt to depression
- Health care to housing
- Social services to social inclusion

By Phone: 0208 313 0139

By Email: bap@bromleyadvocacyproject.org.uk

By Post: 61 College Road, Bromley BR1 3QG

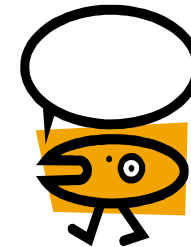
<p>Having Trouble</p>  <p>Being Heard?</p>	<h2 style="margin: 0;">BROMLEY ADVOCACY PROJECT</h2> <p style="margin: 0;">61 College Road, Bromley, Kent BR1 3QG</p> <p style="margin: 0;">Telephone 020 8313 0139 Fax: 020 8313 0259</p> <p style="margin: 0;">Email: bap@bromleyadvocacyproject.org.uk</p> <p style="margin: 0;">Website: www.bromleyadvocacyproject.org.uk</p> <p style="margin: 0; font-size: small;">AN INDEPENDENT VOICE FOR PEOPLE WITH MENTAL HEALTH DIFFICULTIES</p> <p style="margin: 0; font-size: small;">NEWSLETTER ISSUE 10 AUTUMN 2008</p>
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ADVOCACY NEWS


Our small team offer independent advocacy, free of charge, for 18-65 year old residents of London Borough of Bromley who are experiencing mental distress. 95% of our work is short term advocacy which is carried out by part time paid Advocates, providing a voice for those who need one, in hospital psychiatric units, in supported housing, and out in the community.

BAP's guiding principle is inclusion and to help empower users of mental health services so that you can

- Express your needs in a way that is heard
- Protect your rights and interests
- Achieve increased confidence and self respect.



This means that we can help and support mental health service users by:

- Attending meetings to put **your** views across and get **your** voice heard 
- Talking to care workers, doctors and psychiatrists on **your behalf**
- Stating **your** needs and helping **you** to make informed choices
- Obtaining information about **your** rights, treatment and medication.

So Far So Good



During the year 2007/2008 we received 201 referrals, 69 of which were inpatients at Green Parks House.

We maintain an average active caseload of about 30 service users at any time.

We provide advocacy support at various venues across the Borough—out in the community at:

- ◇ The Centre,
Cotmandene Crescent,
St Paul's Cray
- ◇ Yeoman House, 57-63
Croydon Road, Penge
- ◇ Mottingham Community
Learning Shop.

And in psychiatric units at:

- ◇ Green Parks House,
which is based at the
Princess Royal University Hospital
- ◇ Priory Hospital, Hayes

Keeping up the Good Works



Did you know.....

- That we actively promote equality of access to services and social inclusion in all aspects of life, such as
 - ◇ Financial matters
 - ◇ Leisure activities
 - ◇ Learning
 - ◇ Spiritual and faith issues

We are part of the Develop Partnership which provides social inclusion in Bromley.



Criminal Records Bureau

We are involved, as an umbrella body, with the Criminal Records Bureau, and we now provide “police checks” for about 50 voluntary organizations in the Bromley area. BAP received a commendation from the CRB as a result of their external audit process.



Money Matters

Did you know.....

- that BAP's core funding is provided by Bromley Primary Care Trust and Social Services .
- We are funded to provide an Advocacy Team and Service User Involvement Team.

Service User Involvement Team

Our Service User Involvement Team (SUITE) was launched in October 2006. The SUITE team can be contacted:

By Phone: 0208 464 6208

By Email at:

suite2@bromleyadvocacyproject.org.uk

Legal News

Legislation Update



The Mental Health Act 2007 came into force on 3rd November 2008. For the first time independent advocacy will be provided to people who are detained in hospital. The role of the Independent Mental Health Act Advocate does not come into effect until April 2009.

Help BAP To Help Others

By becoming a Trustee of the Charity. We need people with a real interest in our Project's aims. Attendance required at only 4/5 meetings a year. Full training and support given as required. Please contact us if you would like further details.