

Has some one recently told you "where to go" because you suffer from mental health difficulties?



Caption describing picture or graphic.

► **Why not let BAP help you find the right place to Go?**

Contact us for advocacy and information on a whole load of issues ranging from:

- Abuse to anxiety
- Debt to depression
- Health care to housing
- Social services to social inclusion



Caption describing picture or graphic.

By Phone: 0208 313 0139
By Email: bap@bromleyadvocacyproject.org.uk
By Post: 61 College Road, Bromley BR1 3QG



BROMLEY ADVOCACY PROJECT

61 College Road, Bromley, Kent BR1 3QG

Telephone 020 8313 0139

Fax: 020 8313 0259

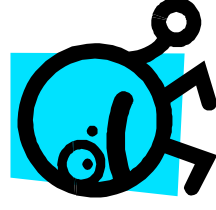
Email: bap@bromleyadvocacyproject.org.uk
 Website: www.bromleyadvocacyproject.org.uk

AN INDEPENDENT VOICE FOR PEOPLE WITH MENTAL HEALTH DIFFICULTIES
 NEWSLETTER ISSUE 9 SUMMER 2007

WHO BROMLEY ADVOCACY PROJECT IS

To introduce ourselves to those who do not know us, we're known as "BAP" to our friends!! We have been in existence for 15 years and became an independent charity 11 years ago.

Our small team offer independent advocacy, free of charge, for 18-65 year old residents of London Borough of Bromley who are



experiencing mental health difficulties. 95% of our work is short term advocacy which

is carried out by part time paid Advocates, providing a voice for those who need one, in hospital psychiatric units, in supported housing, and out in the community.

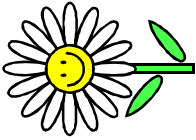
This means that we can help and support mental health service users by:

- Attending meetings to put **your** views across and get **your** voice heard
- Talking to care workers, doctors and psychiatrists on **your behalf**
- Stating **your** needs and helping **you** to make informed choices
- Obtaining information about **your** rights, treatment and medication.



- BAP's guiding principle is inclusion and to help empower users of mental health services so that you can -
- Express your needs in a way that is heard
- Protect your rights and interests
- Achieve increased confidence and self respect.

So Far So Good



During the year 2006/2007 we received 234 referrals, 93 of which were inpatients and 141 were in the community.

We maintain an average active caseload of about 30 service users at any time.

We are part of the **develop** making social inclusion a reality in Bromley Partnership



which provides social inclusion in Bromley.

We are involved, as an umbrella body, with the Criminal Records Bureau, and we now provide "police checks" for about 50 voluntary organizations in the Bromley area. BAP received a commendation from the CRB as a result of their external audit process.

Keeping up the Good Works



Did you know.....

- That we actively promote equality of access to services and social inclusion in all aspects of life, such as
 - ◇ Financial matters
 - ◇ Leisure activities
 - ◇ Learning
 - ◇ Spiritual and faith issues

We provide advocacy support at various venues across the Borough, the community at



Caption describing picture or graphic.

- ◇ St Paul's Cray
- ◇ Anerley
- ◇ Mottingham
- ◇ Bromley

And in psychiatric units at:

- ◇ Green Parks House, PRUH, Locksbottom
- ◇ Priory Hospital, Hayes



Money Matters

Did you know.....

- that BAP's core funding is provided by Bromley Primary Care Trust
- that BAP has received additional funding to continue advocacy work at Green Parks House
- that BAP has received new funding to promote a User Involvement Project and Social Inclusion Project.

Our New

Service User Involvement Team

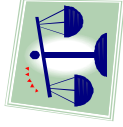
Our Service User Involvement Team (SUITE) was launched in October 2006. The SUITE team can be contacted:

By Phone: 0208 464 6208

By Email at:

suite2@bromleyadvocacyproject.org.uk

Legal News



Legislation Update

The Mental Health Bill 2007 will come into effect in October 2008. For the first time independent advocacy will be provided to people who are detained in hospital. The role of the Independent Mental Health Act Advocate has yet to be decided.

Help BAP To Help Others

By becoming a Trustee of the Charity. We need people with a real interest in our Project's aims. Attendance required at only 4/5 meetings a year. Full training and support given as required. Please contact us if you would like further details.